

Review

# Effects of Magnetic Stimulation on Dental Implant Osseointegration: A Scoping Review

Gennaro Cecoro <sup>1,†</sup>, Debora Bencivenga <sup>2,†</sup>, Marco Annunziata <sup>1,\*</sup>, Nunzio Cennamo <sup>3,\*</sup>,  
Fulvio Della Ragione <sup>2</sup>, Alessandro Formisano <sup>3,\*</sup>, Angelantonio Piccirillo <sup>1</sup>, Emanuela Stampone <sup>2</sup>,  
Pio Antonio Volpe <sup>1</sup>, Luigi Zeni <sup>3</sup>, Adriana Borriello <sup>2,‡</sup> and Luigi Guida <sup>1,‡</sup>

<sup>1</sup> Multidisciplinary Department of Medical-Surgical and Dental Specialties, University of Campania “Luigi Vanvitelli”, 80138 Naples, Italy; gennarocecoco@gmail.com (G.C.); angelantonio.piccirillo@gmail.com (A.P.); pio.volpe97@gmail.com (P.A.V.); luigi.guida@unicampania.it (L.G.)

<sup>2</sup> Department of Precision Medicine, University of Campania “Luigi Vanvitelli”, 80138 Naples, Italy; debora.bencivenga@unicampania.it (D.B.); fulvio.dellaragione@unicampania.it (F.D.R.); emanuela.stampone@unicampania.it (E.S.); adriana.borriello@unicampania.it (A.B.)

<sup>3</sup> Department of Engineering, University of Campania “Luigi Vanvitelli”, 81031 Aversa, Italy; luigi.zeni@unicampania.it

\* Correspondence: marco.annunziata@unicampania.it (M.A.); nunzio.cennamo@unicampania.it (N.C.); alessandro.formisano@unicampania.it (A.F.); Tel.: +39-0815665515 (M.A.); +39-0815010379 (N.C.); +39-0815010342 (A.F.)

† These authors contributed equally to this work.

‡ These authors contributed equally to this work.

**Abstract:** This PRISMA-ScR driven scoping review aims to evaluate the influence of magnetic field stimulation on dental implant osseointegration. Seven databases were screened adopting ad-hoc strings. All clinical and preclinical studies analyzing the effects of magnetic fields on dental implant osseointegration were included. From 3124 initial items, on the basis of the eligibility criteria, 33 articles, regarding both Pulsed ElectroMagnetic Fields (PEMF) and Static magnetic Fields from permanent Magnets (SFM) were finally included and critically analyzed. In vitro studies showed a positive effect of PEMF, but contrasting effects of SFM on bone cell proliferation, whereas cell adhesion and osteogenic differentiation were induced by both types of stimulation. In vivo studies showed an increased bone-to-implant contact rate in different animal models and clinical studies revealed positive effects on implant stability, under magnetic stimulation. In conclusion, although positive effects of magnetic exposure on osteogenesis activity and osseointegration emerged, this scoping review highlighted the need for further preclinical and clinical studies. More standardized designs, accurate choice of stimulation parameters, adequate methods of evaluation of the outcomes, greater sample size and longer follow-ups are needed to clearly assess the effect of magnetic fields on dental implant osseointegration.

**Keywords:** magnetic fields; SFM; PEMF; dental implant; osseointegration; osteogenesis



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## 1. Introduction

Implant treatment is a predictable option for the rehabilitation of one or more missing teeth with high long-term dental implant survival rates [1,2]. The osseointegration of dental implants is a fundamental prerequisite for a successful dental implant rehabilitation. The process of osseointegration involves several steps: the formation of a blood coat following implant insertion, the development of mesenchymal tissue, the formation of intramembranous (woven) bone, and, then, of lamellar bone [3–5]. A dental implant is considered osseointegrated when a “direct functional and structural connection between living bone and the surface of an implant under load” is reached [6]. Surgical technique, bone quality and quantity, smoking habits, dental implant material/surface and postoperative infections and inflammation are key factors influencing the osseointegration process [7–11]. Different

strategies have been proposed to promote and accelerate the osseointegration process, thus extending the clinical indications of dental implants. Among the most relevant, the introduction in the early 90's of topographic and chemical modifications of dental implant surfaces significantly enhanced their clinical performance with respect to the older unmodified, machined surfaces [12–16]. Following this key step, the application of Electromagnetic and Magnetic Fields (EMFs and MFs) was proposed to further improve tissue healing and regeneration [17,18]. In fact, MFs are known to promote osteogenesis and many preclinical and clinical studies have demonstrated the effects of magnetism on bone healing [19–25], and the results from orthopedic applications have strongly encouraged the study of their use in dentistry to promote the osseointegration of dental implants [17,26].

EMF/MF exposure in daily life represents a constant feature of modern society, covering many applications from power distribution lines or home appliances to ICT technologies for wireless communications. As early as 1996 the World Health Organization (WHO) established the International EMF Project to assess the environmental and health effects of exposure to static and time varying electric and magnetic fields, cooperating with the International Commission on Non-Ionizing Radiation Protection (ICNIRP) to formulate updated guidelines for limiting exposure to EMFs [27]. Currently, based on the 1979 draft for electromagnetic compatibility standards for medical devices, the Food and Drug Administration (FDA) approve the medical use of magnetic devices, under the constant control of the Center for Devices and Radiological Health (CDRH).

MF sources relevant for medical applications can be either permanent magnets (also known as lodestones) or the stationary flow of unpaired electrons in metal conductors (electric currents), or even the stationary flow of ions present in fluids, e.g., intracellular fluid. When magnets are fixed in space, the generated field does not change with time, and we refer to this case as Static Magnetic Field (SFM) from permanent magnets. Conversely, the more general case of possibly time-varying fields is referred to as EMF, to indicate the coupled nature of electric and magnetic aspects. Finally, when the EMF is generated by sources with a pulsed nature (typically, a sequence of square pulses), we adopt the term Pulsed Electro-Magnetic Field (PEMF), indicating when possible the appropriate details of the field waveform.

So far, only a limited number of studies analyzed the effects of MFs on dental implant osseointegration, mostly involving *in vitro* and animal models, whereas clinical evidence is still inconsistent. The aim of the present scoping review is to provide a broad perspective on the current knowledge regarding the effects of magnetic stimulations on dental implant osseointegration, to identify evidence and gaps in the literature and to provide indications for future research. The research question was: “what effects can MFs stimulation exerts on dental implant osseointegration?”.

## 2. Materials and Methods

In effecting this scoping review the PRISMA-ScR (Preferred Reporting Items for Systematic Reviews and Meta-Analyses Extension for Scoping Reviews) [28] model was followed (see Table S1 of Supplementary Material for the detailed PRISMA ScR checklist). First of all, a technical expert panel (TEP) was established, consisting of biochemists, biologists, dentists and engineers. In particular, the TEP was composed of 4 biochemists expert in molecular mechanisms underlying osteoblast precursor growth and osteogenesis induction, 3 engineers expert in low frequency MFs and electronic circuits, 4 dentists expert in implant surfaces, dental implant osseointegration, bone regeneration and oral surgery, and 1 dentist expert in scoping review methodology.

### 2.1. Databases Selection and Search Strategy

On 23 March 2022 two independent and calibrated reviewers from the TEP scanned the following databases: the National Library of Medicine MEDLINE/PubMed, Scopus, Web of Science, The Cochrane Library, Embase, Clinicaltrials.com and the IEEE Digital Library (the database of publications from the Institute of Electric and Electronic Engineers). For Embase

database the following search string was adopted: (“magnetic field” OR “electromagnetic field”) AND (implant OR titanium) AND (dental OR oral OR endosseous OR osseous OR jaw OR bone OR osseointegration OR stability OR osteoblast OR “mesenchymal stromal cell” OR “mesenchymal stem cell”). For all other databases the following search string was adopted: (magnetic field OR electromagnetic field) AND (implant OR titanium) AND (dental OR oral OR endosseous OR osseous OR jaw OR bone OR osseointegration OR stability OR osteoblast OR mesenchymal stromal cell OR mesenchymal stem cell). The major international journals of implantology were also consulted by a hand search; furthermore, reference lists of all selected studies were screened. Only studies in the English language were considered. No other filters were applied. The key points of the search strategy are reported in Table 1.

**Table 1.** Search strategy.

Electronic databases:
<ul style="list-style-type: none"> <li>– MEDLINE/PubMed;</li> <li>– Embase;</li> <li>– Scopus;</li> <li>– Web of science;</li> <li>– The Cochrane Library;</li> <li>– clinicaltrials.gov;</li> <li>– IEEE Digital Library.</li> </ul>
Filters: English language
Inclusion criteria:
<ul style="list-style-type: none"> <li>– Interventional, observational studies evaluating the effects of MFs on dental implant osseointegration;</li> <li>– Preclinical in vivo studies evaluating MF effects on osseointegration of Ti implants;</li> <li>– In vitro studies evaluating the effects of MFs on bone cells cultured in contact with Ti surfaces;</li> <li>– No restriction on follow-up duration, number of patients, population characteristics, age or systemic conditions;</li> </ul>
Exclusion criteria:
<ul style="list-style-type: none"> <li>– Review articles;</li> <li>– Conference abstracts and editorials;</li> <li>– Studies regarding other kinds of physical stimulations.</li> </ul>
Additional sources:
<ul style="list-style-type: none"> <li>– Hand search of the major international journals of implantology;</li> <li>– Reference lists of all selected studies.</li> </ul>

## 2.2. Study Selection

We selected preclinical in vitro and in vivo studies evaluating the effects of MFs on bone cells cultured in contact with Titanium (Ti) surfaces and their effects on Ti implant osseointegration in animal models. We also selected:

- Interventional studies (either randomized or non-randomized controlled clinical trials);
- Observational studies (either analytical or descriptive);
- Case series or Case reports regarding the effects of MFs on osseointegration of dental implants were selected.

Review articles, conference abstracts, editorials and studies regarding the effects of other physical stimulations on osseointegration were disregarded. Disagreements between the two reviewers were resolved via discussion. After title and abstract analysis, a careful evaluation of all full texts for the eligibility criteria (inclusion/exclusion) was performed. Cohen’s kappa coefficient was used to determine inter-rater agreement.

Three independent reviewers extracted and qualitatively analyzed results and findings from each included study, using an ad-hoc data charting form designed for the present scoping review. The forms report for each study the relevant information about the type of

study (in vitro, in vivo, clinical), the details of the stimulation used (SMF, PEMF), the study groups, the duration of the follow-up and the key study findings. Furthermore, the quality of the included clinical studies was assessed using the “Risk Of Bias In Non-randomized Studies of Interventions (ROBINS-I) Tool” [29] and the “Cochrane Risk of Bias Tool” for randomized clinical trials (RoB 2) [30].

### 3. Results

The bibliographic scan retrieved 4634 suitable items. After removing duplicates, 3124 records underwent the finer selection described above, allowing the exclusion of a further 3083 results. Out of the remaining 41 papers, after a full text reading, 9 were excluded due to the following reasons: (1) they did not focus on dental implant osseointegration (but on other aspects of dental implant therapy, e.g., pain or swelling); (2) they focused on the treatment of bone fractures; (3) physical stimulations different from MFs were used; (4) the description of the magnetic stimulation lacked coherence; (5) bone cells were not cultured on Ti surfaces. Table of the excluded full-texts is provided in Supplementary Material (Table S2).

One adjunctive eligible paper was identified through screening of reference lists of selected studies. Finally, 33 articles published between January 1996 and December 2021 were included in the present scoping review. The k value for the inter-reviewer agreement for potentially pertinent papers was 0.86 (for the selection of titles and abstracts) and 0.92 (for the selection of full-text articles), showing a high level of agreement. The search and selection process flow diagram is presented in Figure 1.

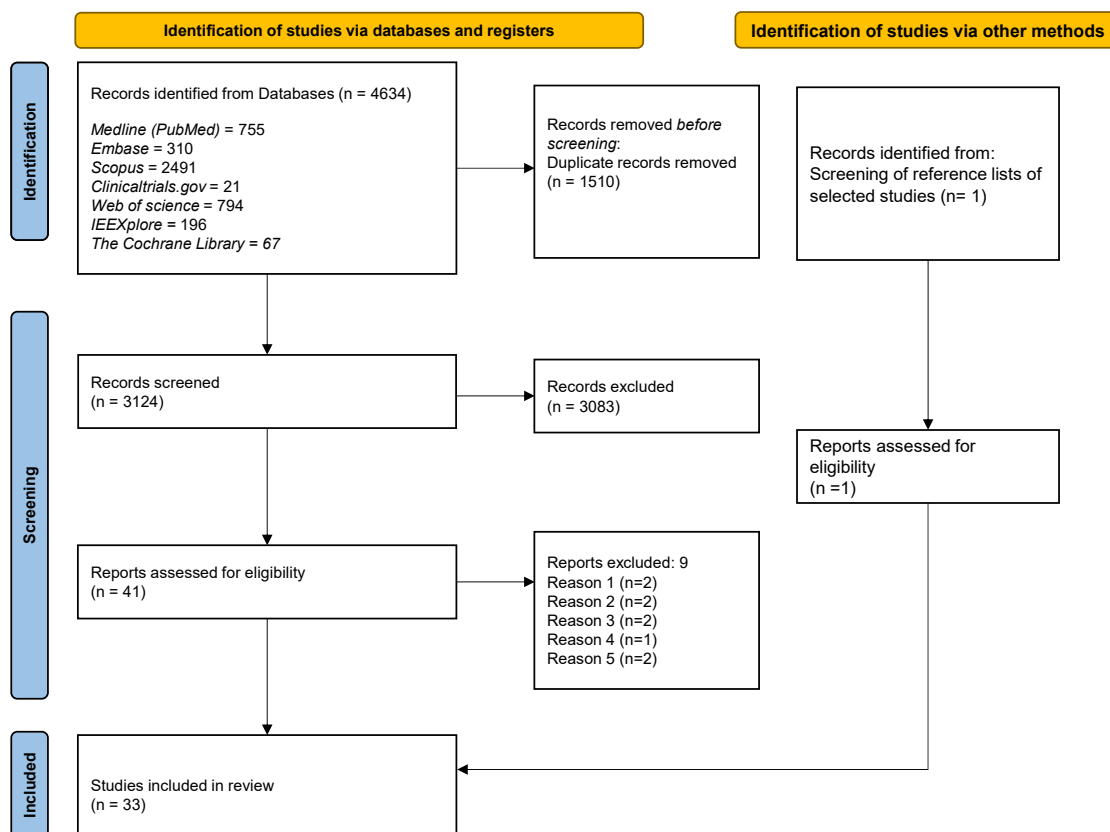


Figure 1. Flow diagram of the search and selection process.

The results of the articles selection were 9 in vitro studies, 15 in vivo studies, 3 studies presenting both in vitro and in vivo evaluations, 6 clinical studies.

Concerning the stimulation type, we found:

10 studies using SFM, mainly published since 2012: 1 Randomized Controlled Trial (RCT), 1 Controlled Clinical Trial (CCT), 5 in vivo studies (on rabbits and dogs), 1 study presenting both in vivo and in vitro evaluations (on rats) and 2 in vitro studies;

23 studies using PEMF, regularly published since 1996: 2 RCT, 1 retrospective study, 1 CCT, 10 in vivo studies (2 studies in rats and 8 in rabbits), 7 in vitro studies and 2 studies with both in vivo (in rabbits) and in vitro evaluations.

The characteristics and main findings of the in vitro, in vivo and clinical studies are reported in Tables 2–4 respectively. Rows are organized for each table according to the stimulation type.

**Table 2.** Characteristics and main findings of the in vitro studies included.

Authors, Year	Stimulation Details	Study Groups	Follow-Up	Main Findings
SFM Stimulation				
He et al., 2019 [31]	Amplitude: 50, 100, 150 mT	hBMSC cultured on Ti scaffolds with SFM at 50 mT, 100 mT and 150 mT and without SFM.	7, 14 days	Positive effects of SFM on osteoblast-related factors and ECM production, but not on cell proliferation and viability.
Bambini et al., 2017a [32]	Further details are not reported	MG63 cells were cultured with: Ti implant with magnetic cover screw; implant without magnetic cover screw; cells in direct contact with the magnetic cover screw and magnets free in the culture medium (only cells).	24, 48, 72 h	Negative effect of SFM on cell proliferation. Positive effects of SFM on transcription of osteogenesis genes and matrix mineralization.
Kim et al., 2005 [33]	Amplitude: 1, 2, 3, 5, 7, 10 mT	TE-85 cells seeded onto Ti disks at different distances from Nd-Fe-B magnet (1, 2, 3, 5, 7, 10 mT) and control group.	2 h	Positive effects of SFM on cell attachment, but not on cell proliferation.
PEMF Stimulation				
Ye et al., 2021 [34]	Amplitude: 1 mT; Frequency: 50 Hz	BMSCs from osteoporotic rabbits cultured on porous Ti implants with PEMF stimulation 2 h/day and control cells.	1, 4, 7, 14, 21 days	Positive effects of PEMF on cell proliferation spreading and lamellipodia extension, expression of osteoblast-related factors and ECM mineralization.
Bloise et al., 2018 [35]	Amplitude: 2 ± 0.2 mT; Frequency: 75 ± 2 Hz; Duty cycle 1/10	hBM-MSCs were grown in osteogenic or proliferation medium on TiO <sub>2</sub> substrate with/without PEMF stimulation to evaluate the effect of surface nano-topography in combination with PEMF exposure in cell differentiation.	3, 28 days	Positive effects of PEMF on osteoblast-related factors and intracellular Ca concentration.
Jing et al., 2016 [36]	Amplitude: 2.0 mT Frequency: 15 Hz Pulse shaping: pulsed bursts (burst width, 5 ms; pulse width, 0.2 ms; pulse wait, 0.02 ms; burst wait, 60 ms; pulse rise, 0.3 μs; pulse fall, 2.0 μs).	Osteoblast-like MC3T3-E1 cells exposed to PEMF and unexposed control cells on porous Ti implants	3 days	Positive effects of PEMF on cell proliferation and attachment.
Wang et al., 2014 [37]	Amplitude: 48 mT Frequency: 15 Hz Pulse shaping: pulsed bursts	Rat calvarial osteoblasts plated on 3 different implant surfaces, with PEMF and without (control): polished flat; Micro-topographical (sand-blasted with large grit and acid etched); Nano-topographical (anodized nanotubular-structured surface).	0.5; 1; 1.5 h -1, 4, 7 days	Positive effects of PEMF on cell adhesion and proliferation, on osteoblast-related factors expression and ECM mineralization, especially on nano-structured surfaces.
Atalay et al., 2013 [38]	Amplitude: 0.2 mT; Frequency: not reported	Rat calvarial osteoblasts plated on 3 different Ti discs, with PEMF and without (control): TiZr discs with hydrophilic sandblasted acid-etched surfaces; cpTi discs with hydrophilic sandblasted acid-etched surfaces; machine surface cpTi discs.	24, 72 h	Positive effects of PEMF on cell proliferation on cpTi surfaces, but not on TiZr surfaces.
Fassina et al., 2009 [39]	US: Average power 149 mW; Frequency: 1.5 MHz PEMF: Amplitude: 2 ± 0.2 mT; Frequency 75 ± 2 Hz; Duty cycle 1/10	SAOS-2 cultured on Ti plasma spray disks divided into 3 groups: cells receiving US waves; cells receiving electromagnetic waves; cells not treated (control).	22 days	Positive effects of PEMF and US on cell proliferation and ECM production.
Fassina et al., 2008a [40]	Amplitude: 2 ± 0.2 mT; Frequency 75 ± 2 Hz; Duty Cycle: 1/10	SAOS-2 cultured on Ti sintered grids exposed or not (control) to PEMF.	22 days	Positive effects of PEMF on cell proliferation and ECM production.
Fassina et al., 2008b [41]	PEMF: intensity 2 ± 0.2 mT; Frequency: 75 ± 2 Hz; Duty cycle: 1/10	SAOS-2 cultured on Ti fiber-mesh sheets exposed or not (control) at PEMF.	22 days	Positive effects of PEMF on cell proliferation, osteoblast-related factors expression and ECM production.
Fassina et al. 2007 [42]	US: Average power 149 mW; Frequency: 1.5 MHz PEMF: Amplitude: 2 ± 0.2 mT; Frequency 75 ± 2 Hz; Duty cycle 1/10	SAOS-2 cultured on Ti plasma spray disks exposed to PEMF, to ultrasonic stimulus, or not exposed (control).	22 days	Positive effects of PEMF and US on cell proliferation and ECM production.

SFM = Static magnetic Field from permanent Magnets; hBMSC = human bone-derived mesenchymal stem cells; ECM = extracellular matrix; PEMF = Pulsed electromagnetic field; BMSC = bone marrow stem cell; hBM-MSCs = human mesenchymal stem cells from bone marrow; TiZr = Ti zirconium surfaces; cpTi = commercially pure Ti; US = ultrasound.

**Table 3.** Characteristics and main findings of the in vivo studies included.

Authors, Year	Type of Stimulation	Implant Site, Animal Model	Study Groups	Follow-Up	Main Findings
SFM Stimulation					
Li et al., 2021 [43]	Amplitude: 0.3–9.4 mT in the middle position, 0.2–1.4 mT in the upper or lower position of implant	Alveolar bone, dog	2 dogs receiving Ti + HA, mTi + HA and mTi + HYH-Fe implants; samples harvested at 8 weeks (dog1) and 12 weeks (dog2). 12 weeks used for in situ fluorescence evaluation.	8, 10, 12 weeks	Positive effects of SFM on trabecular bone formation.
He et al., 2019 [31]	Amplitude: 100 mT	Mandibular ramus, rat	12 rats: 6 stimulated by permanent magnets 12 h/day and 6 controls.	6, 12 weeks	Positive effects of SFM on bone ingrowth and osseointegration of Ti scaffolds.
Naito et al., 2019 [44]	Amplitude: 43–162 mT	Femur, rabbit	6 rabbits (12 implants): 6 containing neodymium magnets and 6 controls.	12 weeks	Positive effects of SFM on BIC.
Bambini et al., 2017b [45]	Characteristics not reported	Tibia, rabbit	12 rabbits (24 implants): 1 implant receiving magnetic cover screw, 1 control implant in each animal.	15, 30 days	Positive results of SFM on BIC.
Kim et al., 2017 [46]	Amplitude: 15 mT	Tibia, rabbit	27 rabbits (54 implants), each animal received 1 implant exposed to magnet and 1 control.	1, 4, 8 weeks	Positive effects of SMF on bone formation and BIC.
Leesungbok et al., 2013 [47]	Amplitude: 15.34 mT	Tibia, rabbit	10 rabbits (40 sandblasted, large-grit, acid-etched implants); test rabbits treated with neodymium magnets and controls.	3, 6 weeks	Positive effects of SFM on BIC at 3 weeks.
PEMF Stimulation					
Ye et al., 2021 [34]	Amplitude: 1 mT; Frequency 50 Hz	Femur, rabbit	12 osteoporotic rabbits receiving porous Ti implants and exposed to PEMF 2 h/day and 12 osteoporotic rabbits receiving porous Ti implants only.	6, 12 weeks	Positive effects of PEMF on bone formation on porous Ti implants.
Nunes et al., 2020 [48]	Amplitude: 1 ± 1 mT in 200 µs Frequency: 15 Hz Pulse shaping: 25 cycles at each period	Tibia, rat	60 rats (180 implants); 20 control group, 20 with 3 h/day exposure to PEMF, 20 with 1 h/day exposure to PEMF.	3, 7, 21, 45 days	Positive effects of PEMF on bone parameters, implant removal torque and BIC.
Cai et al., 2020 [49]	Amplitude: 2.0 mT. Frequency: 15 Hz Pulse shaping: pulsed bursts (burst width, 5 ms; pulse width, 0.2 ms; pulse wait, 0.02 ms; burst wait, 60 ms; pulse rise, 0.3 µs; pulse fall, 2.0 µs)	Femur, rabbit	24 rabbits (24 implants): control group; osteoporotic rabbits group; osteoporotic rabbits with PEMF exposure group.	4 weeks	Positive effects of PEMF on peri-implant bone and osteoblast-related factors.
Cai et al., 2018 [21]	Amplitude: 2.0 mT. Frequency: 15 Hz Pulse shaping: burst width, 5 ms; pulse width, 0.2 ms; pulse wait, 0.02 ms; burst wait, 60 ms; pulse rise, 0.3 µs; pulse fall, 2.0 µs	Femur, rabbit	24 rabbits: 8 diabetic rabbits with 2 h/day PEMF exposure for 8 weeks; 8 diabetic rabbits; 8 non-diabetic rabbits (control).	8 weeks	Positive effects of PEMF on peri-implant bone.
Jing et al., 2016 [36]	Amplitude: 2.0 mT. Frequency: 15 Hz Pulse shaping: pulsed bursts (burst width, 5 ms; pulse width, 0.2 ms; pulse wait, 0.02 ms; burst wait, 60 ms; pulse rise, 0.3 µs; pulse fall, 2.0 µs)	Femur, rabbit	24 rabbits (24 implants): control group and test group (with PEMF exposure).	6, 12 weeks	Positive effects of PEMF on peri-implant bone growth and on expression of osteoblast-related factors.
Barak et al., 2016 [50]	Amplitude 0.4–0.2 mT (source at 1 and 2 mm away from the implant surface, respectively); Frequency: 10 Hz	Tibia, rabbit	22 rabbits. (22 implants): 11 implants with a healing cup emitting PEMF; 11 implants with a control healing cup.	2, 4 weeks	Positive effects of PEMF on BIC.
Grana et al., 2008 [51]	Amplitude: 72 mT; Pulse shaping: sinusoidal bursts at 50 Hz for 60 ms, then a dead time of 450 ms	Tibia, rat	60 rats: 30 rats in the test group treated with PEMF twice/day for 30 min each session; 30 rats in the control group.	5, 10, 20 days	Positive effects of PEMF on BIC and peri-implant ossification.
Akca et al., 2007 [52]	MECHVIB: frequency 50 Hz PEMF: intensity 0.2 mT; frequency not reported	Tibia, rat	15 osteoporotic rats (30 implants): 5 rats in the control group, 5 rats treated with PEMF 4 h/day, 5 rats treated with MECHVIB 14 min/day.	2 weeks	Positive effects of MECHVIB-stimulated on peri-implant bone volume. No positive effects of PEMF on peri-implant bone volume.
Ozen et al., 2004 [53]	Amplitude: 0.2 mT; Frequency 100 Hz; Duty Cycle: 1/400	Mandible, rabbit	28 rabbits (28 implants): 14 in the control group; 14 exposed to PEMF 4 h/day for 2 weeks.	2, 8 weeks	Positive effects of PEMF on osteoblast number and peri-implant bone formation at 8 weeks.
Buzzá et al., 2003 [54]	Amplitude: not reported; Frequency: 20 Mc pulse width 85 µs; intensity not reported	Tibia, rabbit	12 rabbits: 6 rabbits in the PEMF stimulated group; 6 rabbits in the control group.	21, 42 days	No positive effects of PEMF on peri-implant bone or removal torque.
Matsumoto et al., 2000 [55]	Amplitude: 0.2 mT, 0.3 mT, 0.8 mT; Frequency 100 Hz, Duty cycle 1/400	Femur, rabbit	45 rabbits: rabbits receiving PEMF at 0.2 mT or 0.3 mT or 0.8 mT for 8 h/day for 2 weeks; rabbits receiving PEMF at 0.2 mT for 4 h/day or 8 h/day for 2 weeks; rabbits receiving PEMF at 0.2 mT for 1 or 2 or 4 weeks; control rabbits.	1, 2, 4 weeks	Positive effects of PEMF on BIC.
Ijiri et al., 1996 [56]	Amplitude: 0.2 mT; Frequency 10 Hz; Duty cycle 1/4000	Humerus, rabbit	20 rabbits: 5 receiving PEMF 5 h/day; 5 receiving PEMF 10 h/day; 5 receiving immobilization 5 h/day; 5 receiving immobilization 10 h/day.	2 weeks	Positive effects of PEMF on peri-implant bone.

SFM = Static magnetic Field from permanent Magnets; HA = hydroxyapatite; mTi = Ti implant with built-in magnet; HYH-Fe = supermagnetic hydroxyapatite; BIC = Bone-to-implant contact; PEMF = Pulsed electromagnetic field; MECHVIB = low-magnitude high-frequency mechanical vibration.

**Table 4.** Characteristics and main findings of the clinical studies included.

Authors, Year	Design	Type and Time of Stimulation	Patients Characteristics	Number of Implants	Implant Characteristics	Implant Location	Placement Protocol	Loading Protocol	Follow-Up	Quality Assessment (Judgment; Tool)	Main Findings
SFM Stimulation											
Gujjalapudi et al., 2016 [57]	CCT	Amplitude: 50–245 mT; 12–15 h/day for 90 days	10 patients (age between 50–75 years)	20 implants, 2 per patient (one exposed to SFM, one as control)	NR	Anterior mandible	3–6 months after extraction	NR	RFA at 0, 1, 2, 3 months	Moderate risk; ROBINS-I	Positive effects of SFM on implant stability at 1, 2 and 3 months.
Siadat et al., 2012 [58]	RCT	Amplitude: 186 mT; 24 h/day for 90 days	20 patients (11 F, 9 M; age between 23–60 years)	20 implants, 1 per patient (10 exposed to SME, 10 controls)	Rough (blasted/acid etched) surface; 4.1 mm in diameter; 10–12 mm in length	Anterior maxilla	Immediate placement	Conventional loading	RFA and radiographs at 0, 1, 2, 3 months	Some concerns; RoB 2	Positive effects of SFM on implant stability at 1 month and on peri-implant marginal bone loss at 2 months.
PEMF Stimulation											
Bud et al., 2020 [59]	CCT	Characteristics not reported; 24 h/day for 60 days	29 patients (14 F, 15 M; age between 30–60 years)	53 implants (25 exposed to PEMF, 28 controls)	Rough surface; diameter and length NR	NR	NR	NR	Cone Beam Tomography at 0 and 60 days	Moderate risk; ROBINS-I	No positive effects of PEMF on bone radiodensity around implants.
Nayak et al., 2020 [60]	RCT	Amplitude: 0.05–0.5 mT; Frequency 10–50 kHz; 24 h/day for 30 days	19 patients (10 F, 9 M; average age 37+/-9.7)	40 implants (20 exposed to PEMF, 20 controls)	Rough (blasted/acid etched) surface; 3.75 in diameter; 10–11.5 mm in length	Maxilla and mandible	3–6 months after extraction	NR	RFA at 0, 2, 4, 8, 12 weeks; radiographs at 0, 6 and 12 weeks	Some concerns; RoB 2	Positive effects of PEMF on implant stability and peri-implant bone loss.
Barak et al., 2019 [61]	Retrospective study	Characteristics not reported; 24 h/day for 8 weeks	12 patients (7 F, 5 M; age between 34–69 years)	28 implants (12 exposed to PEMF, 16 controls)	Rough surface; diameter and length NR	Maxilla and mandible	NR	NR	RFA at 0, 2, 4 and 8 weeks	Moderate risk; ROBINS-I	Positive effects of PEMF on implant stability.
EI Fadly et al., 2014 [62]	RCT	Amplitude: not reported; Frequency 2–4 Hz; 2 h/day for 12 days	8 patients (7 F, 1 M; age between 25–45 years)	12 implants (6 exposed to PEMF, 6 controls)	Surface characteristics NR; diameter: 3.4–3.8 mm; length 12–14 mm.	Maxillary anterior or premolar region	Immediate placement	NR	RFA at 0, 3, 6 months; radiographs at 0, 1, 3, 6 and 12 months	Some concerns; RoB 2	Positive effects of PEMF on peri-implant radiodensity and peri-implant bone loss, but not on implant stability of immediate post-extravite implants.

SFM = Static magnetic Field from permanent Magnets; CCT = controlled clinical trial; NR = not reported; RFA = Resonance Frequency Analyzer; RCT = randomized controlled trial; F = female; M = male; SLA = Sandblasted Largegrid and Acid-etched; PEMF = Pulsed electromagnetic field; MED = Miniaturized Electromagnetic Devices.

### 3.1. In Vitro Studies

#### 3.1.1. Static Magnetic Fields from Permanent Magnets

Three studies treated the effects of SFM on bone cells cultured on Ti surfaces.

Bambini and colleagues [32] focused on SFM generated by small neodymium-iron-bore (Nd-Fe-B) cover screws as a strategy for non-invasive and local stimulation. They performed in vitro tests, by using MG63 osteoblast-like cell line exposed or not to the magnetic cover screws (with or without Ti implants) for 24, 48 and 72 h. The reported results indicated that SFM application had a negative effect on proliferation; particularly, cells in direct contact with the magnetic cover screw (exposed to the highest magnetic flux density, reportedly 618 mT) showed the lowest proliferation rate compared to cells not exposed to SFM and cells in direct contact with Ti implants at the furthest distance from the magnetic cover screws. Despite its very low thickness, the interposition of the implant surface between cells and magnets reduced the magnetic flux and, therefore, the SFM effect on the proliferation rate. However, the major evidence of a SFM effect was related to the expression of markers of osteoblast differentiation and specifically an upregulation of genes involved in cell differentiation and matrix mineralization processes, such as transforming growth factor- $\beta$ 1 (*TGF- $\beta$ 1*), *COL10A1*, Bone Morphogenetic Protein-2 (*BMP-2*) for an incubation of 72 h, and a downregulation of osteoclastogenesis markers (*VCAM-1*).

Kim et al. [33] focused first on the interference of various MF intensities (ranging from 0 to 10 mT) with the fibronectin adsorption on the Ti surfaces without observing any significant difference compared to unexposed cells. Then, SMF effects on human osteosarcoma cells (TE-85) grown on the prepared surfaces were evaluated. While differences in the proliferation rate could not be recorded, SFM exposure caused: (i) an enhanced attachment of TE-85 cells on Ti surfaces at 1, 2, 5 and 10 mT and (ii) changes in cell morphology (strand- and sheet-like filopodia) just 2 h after cell seeding, at all applied SFM intensities. The authors hypothesized that SFM has an effect on the 3D structure of fibronectin, which could result in an increase in cell attachment index. In agreement with the reported data [32,33], He et al. [31] found that human bone-derived mesenchymal stem cells (hBMSCs) cultured on 3D-printed porous Ti scaffolds and exposed to increasing intensities of SFMs (50, 100, 150 mT) did not experience differences in viability and proliferation compared to unexposed controls, but showed a higher production and mineralization of ECM and a multipolar and well-spread morphology on Ti surfaces. Furthermore, the SFM exposure led to higher expression (mRNA and protein) of type-I collagen, Alkaline Phosphatase (ALP), Runt-related transcription factor-2 (*RUNX2*), osteopontin (*OPN*), and osteocalcin (*OCN*) at 14 day, emphasizing the SFM-dependent stimulation of osteogenesis. The study also pointed mechanistically (by means of proteomic tools, western blotting and immunofluorescence) to the activation of BMP-SMAD1/5/8 signaling pathway and to SMAD4 protein increase as a key factor in the SMAD-dependent transcription activation of genes involved in osteogenic differentiation.

#### 3.1.2. Pulsed ElectroMagnetic Fields

Nine studies focused on the effects of PEMF on bone-derived cells cultured on Ti surfaces. Atalay et al. [38] tested how PEMF (0.2 mT) influenced the behavior of rat primary osteoblasts on implant surfaces of different chemical compositions at 24, 48 and 72 h exposure. Specifically, discs of commercially pure Ti (cpTi) and Titanium-Zirconium alloy (TiZr) were used. The effect of PEMF exposure in terms of cell viability (biocompatibility), cell proliferation rate, and alkaline phosphatase was clearly stimulative on osteoblasts cultured on the cpTi surface compared to TiZr discs.

Wang et al. [37] analyzed the response of rat osteoblasts cultured on surfaces with different topographies: polished flat surfaces, sand-blasted with large grit and acid etched surfaces (micro-topographic modification) and anodized nanotubular-structured surfaces (nano-topographic modification). The authors reported that PEMF stimulation led to higher osteoblast adhesion and proliferation and augmentation of ECM mineralization on



all the tested Ti surfaces, with nano-topography showing the better PEMF-dependent increment with respect to the control group of unexposed cells. Importantly, no differences in rate proliferation were observed between the different surfaces without PEMF stimulation.

Fassina et al. analyzed the effects on osteoblast-like cells in four consecutive studies [39–42], after the application of PEMF (2 mT, 75 Hz). In two of these studies, human osteosarcoma cells (SAOS-2) were cultured on Ti devices with a complex texture, Ti sintered grids or Ti fiber-mesh sheets, showing an increased proliferation rate and the concomitant production of ECM components such as decorin, osteopontin, and type-I collagen after PEMF stimulation [40,41]. The authors obtained similar results by culturing the same cell type on Ti plasma spray surfaces: once again, a higher proliferation rate and production of an autologous ECM were observed with PEMF exposure [39,42].

Bloise et al. [35] reported similar effects on ECM deposition using human bone marrow mesenchymal stem cell (hBM-MSCs), cultured on a TiO<sub>2</sub> surface of unspecified topography. In particular, the authors showed that the same PEMF intensity used by Fassina's group (2 mT; 75 Hz) led to a higher expression of Runx-2, Bone SialoProtein (BSP), Osterix, OSC, BMP-2 and a higher production of ALP, type-I collagen, type-III collagen and FN. Furthermore, as complementing data, they analyzed the ion flux, showing that the exposure was also able to enhance cellular Ca<sup>2+</sup> currents, especially in the initial phase of the osteogenic process, with a higher intracellular Ca<sup>2+</sup> concentration, and the externalization of type-I collagen and collagen network formation.

Finally, two publications, analyzing PEMF effects both *in vivo* and *in vitro*, can be described partially in this section for their *in vitro* results [34,36]. Two different research groups corroborated the positive effect of pulsed stimulation on cell growth independently on the used models (BM-MSC from osteoporotic rabbits [34] and osteoblast-like MC3T3-E1 cells [36]) and at very different exposure times and peak intensities of PEMF (4–7 days/1 mT and 6–12 weeks/2 mT, respectively).

### 3.2. *In Vivo* Studies

#### 3.2.1. Static Magnetic Fields from Permanent Magnets

Six studies investigated the effect of SFM on implant osseointegration *in vivo*: one in rats, four in rabbits, and one in dogs. In addition to *in vitro* results, He et al. [31] also reported a positive effect of moderate SMF on histologically evaluated osteogenesis and osseointegration of the 3D-printed Ti scaffolds implanted in mandibular rats.

Kim et al. [46] demonstrated that Ti implants receiving SFM from a magnetic cover screw (Neodymium magnet generating a magnetism of 15 mT) showed a higher mean percentage of bone-to-implant contact (BIC) than the control groups at all investigated time-points (1, 4 and 8 weeks) and improved peri-implant bone formation in rabbits. Furthermore, by using microarrays the authors found an upregulation of 293 gene transcripts of the 20,000 analyzed, many of which have been described as participating in bone formation, angiogenesis and ECM-deposition processes. Moreover, the SFM-induced transcripts also included genes related to osteoclasts and bone resorption, highlighting very puzzling and sometimes contrasting effects of SFM in the formation and maintenance of bone around dental implants.

Further studies confirmed the BIC increase after SFM exposure at 15 and 30 days [45] and at 12 weeks [44], respectively. In the study by Bambini et al. [45], dental implants inserted in the tibia of New Zealand rabbits after SFM stimulation showed a higher BIC both in the earlier and in the later osseointegration period, supporting the ability of SFM to reduce the bone healing period. Naito et al. used similar implants placed into rabbit femurs and confirmed a faster osseointegration by measuring BIC after 12 weeks of healing. In fact BIC values were significantly higher in the test group compared to the controls ( $32.4 \pm 16.6\%$  and  $17.1 \pm 4.5\%$ , respectively) [44].

Some benefits in the use of static magnetism were reported by Leesungbok et al. [47] when studying the osseointegration of commercial sandblasted/large-grit/acid-etched-treated Ti implants inserted in rabbit tibia with or without a neodymium magnet on the

cover screw. Indeed, the SFM was shown to increase BIC in implants just after 3 weeks, although at longer times (6 weeks) BIC values remained almost unchanged, both in the test and control groups.

The only *in vivo* study evaluating the effects of SFM in the jawbone was performed by Li et al. [43] on dogs. The authors designed a Ti implant with sand-blasted surfaces and with a magnet inside (mTi) able to generate a moderate SFM (0.3–9.4 mT middle position and 0.2–1.4 mT upper-lower position within 5 mm from the implant), avoiding the use of a fixed external magnetic source. The effect of a filling of superparamagnetic hydroxyapatite (HYH-Fe) added directly around the implant was also evaluated. Thus, Ti + hydroxyapatite (HA), mTi + HA and mTi + superparamagnetic hydroxyapatite (HYH-Fe) implants were inserted into the jawbone of two dogs and the formation of new bone was evaluated both by histological analysis and by sequential fluorescent labeling at 8 and 12 weeks. This preliminary study reported increased trabecular bone formation around mTi implants with HYH-Fe compared to the other tested combinations.

### 3.2.2. Pulsed ElectroMagnetic Fields

Two studies focused on the effects of PEMF on implant osseointegration in rats.

Grana et al. [51] found that rats receiving PEMF twice a day (in sessions of 30 min) had increased ossification and BIC percentages after 20 days. Recently, Nunes's group [48] showed that PEMF exposure positively affected bone parameters such as volume percentage, trabecular thickness and bone mineral density (BMD) and also removal torque and BIC of implants placed in rats. However, different times of exposure per day led to different results at various follow-ups.

Eight studies evaluated the effects of PEMF on implant osseointegration in rabbits.

Barak et al. [50] demonstrated that implants with a PEMF-emitting healing cap showed a 48% and 42% greater BIC (after 2 and 4 weeks, respectively) compared to implants without exposure. More specifically, the authors also reported that BIC was not statistically affected by PEMF in the apical region, suggesting a putative relationship between the area of bone regeneration and the distance from the PEMF emitter.

The dependence of the BIC on the intensity of the PEMF and on the time-interval of exposure was investigated by Matsumoto et al. [55]. Specifically, rabbits with implants treated with different intensities of PEMF (0.2 mT–0.3 mT–0.8 mT) showed increased BIC compared to animals with unexposed implants. We note that results seemed not to show dependence on PEMF intensity, treatment schedule and duration (measurements taken up to four weeks). Conversely, at longer exposure time (8 week treatment), Ozen et al. [53] demonstrated that there was a higher number of osteoblasts and new trabecular bone formation around implants exposed to PEMF compared to implants without PEMF exposure. The influence of exposure cycle, in terms of hours/day, was also tested: Ijiri et al. [56] found that rabbits receiving PEMF stimulation (10 or 5 h/day) showed greater bone formation around porous Ti implants compared to unexposed controls and that 10 h/day exposure led to a greater bone formation compared to 5 h/day exposure. Similarly, Jing et al. [36] found that implants placed in rabbits receiving PEMF (2 mT; 75 Hz) increased new trabecular bone formation compared to controls without PEMF. PEMF also stimulated the expression of osteogenic markers, such as RUNX2, BMP2 and OCN. In contrast to the reported observations, the histological evaluation by Buzzà et al. [54] showed no difference in terms of peri-implant bone and removal torque between implants with or without PEMF stimulation, although details of important variables such as duration and intensity of the electromagnetic stimulation were not provided.

Studies on rabbits affected by systemic pathologies are also available. Diabetic rabbits receiving PEMF stimulation showed better results in terms of peri-implant bone formation and bone histomorphometry parameters compared to the diabetic control group [21]. In a different study [49], the same authors found that in glucocorticoid-induced osteoporotic rabbits PEMF exposure significantly affected the peri-implant bone formation around porous Ti implants, leading to a histomorphometry of the PEMF-exposed glucocorticoid

treated animals similar to that of the controls (healthy rabbits). The authors also evaluated the effects of PEMF on osteoblast and osteocyte functionality by assessing circulating levels of osteoblast-related factors such as osterix (OSX), OCN, RUNX-2 and bone-resorbing cytokines (i.e., serum TRAcP5b and CTX-1) showing a PEMF-dependent increase in their level [49]. In addition, Ye et al. [34] found that PEMF stimulation (1 mT 2 h/day) led to increased bone formation, measured by microcomputed tomography and histomorphometry, on the porous surface of Ti implants placed in the femurs of osteoporotic rabbits after 6 and 12 weeks. Conversely, Akca et al. [52] found that peri-implant bone volume of osteoporotic rabbits receiving PEMF stimulation 4 h/day was not improved by the treatment and was similar to the peri-implant bone of osteoporotic animals not receiving stimulation.

### 3.3. Clinical Studies

#### 3.3.1. Static Magnetic Fields from Permanent Magnets

Only two studies have clinically evaluated the effects of SFM on dental implant osseointegration, reaching similar results with respect to its advantageous effects. Gujjalpudi et al. [57] reported a significant increase in stability, measured by implant stability quotient (ISQ), for implants receiving SFM (50–245 mT intensities) from circular isotropic Neodymium-Iron-Boron magnets placed in the denture vs. unexposed implants at 1 ( $73.25 \pm 4.53$  test,  $68.45 \pm 4.46$  control), 2 ( $76.05 \pm 4.26$  test,  $72.05$  control) and 3 months ( $78.95 \pm 3.50$  test,  $74.45 \pm 3.83$  control) after positioning.

The second clinical study showed that immediately placed maxillary implants had significantly higher ISQ values measured by resonance frequency analysis (RFA) when exposed to SFM compared to unexposed implants only after the first month of healing ( $55.0 \pm 1.2$  test,  $51.3 \pm 4.9$  control). Furthermore, the control group showed also more bone loss in the second month ( $0.30 \pm 0.10$  test,  $0.39 \pm 0.16$ , control), while at 3 months both groups had similar bone levels [58].

#### 3.3.2. Pulsed ElectroMagnetic Fields

Four clinical studies focused on the effects of PEMF on implant osseointegration by using emitting healing caps and other PEMF emitting devices. Two studies are RCTs, one is a CCT and one is a retrospective study. The first RTC study [62], pioneered the evaluation of PEMF advantages in clinical settings, showing that implants exposed to PEMF (2 h/day for 12 days with a frequency of 2 Hz applied in the first hour, 4 Hz in the second hour) had a higher radiodensity immediately postoperatively and until 1, 3, 6, and 12 months compared to unexposed ones. Also, a significantly lower bone loss was measured up to 1 year follow-up, but no statistical differences were observed regarding the stability of the implants, measured by RFA, probably due to the small size of the analyzed groups. In 2020, Nayak et al. [60] in their RCT found that implants receiving a healing abutment able to provide a PEMF stimulation (0.05–0.5 mT), showed an increased stability, measured by RFA, and less bone loss compared to implants not receiving PEMF up to 6 months of follow-up. An increased implant stability due to PEMF exposure was also demonstrated in the retrospective CCT by Barak et al. [61], in which the authors also analyzed some differences regarding the maxillary and mandibular location of tested implants. However, Bud et al. [59] did not find statistically significant differences in terms of bone radiodensity measured by CBCT at 60 days between implants receiving PEMF from healing caps and implants with conventional healing caps.

## 4. Discussion

To the best of our knowledge, this is the first PRISMA-driven scoping review which analyzes the effects of MFs on the dental implant osseointegration. Considering that clinical studies are still limited in number, are pioneering and are not supported by a solid and unequivocal preclinical assessment, a scoping review approach was chosen [63,64] in order to identify and analyse the available evidence, but also knowledge gaps, and to provide indications for future research.

It must be emphasised that an assessment of applied protocols indicates wide intensity and frequency ranges for the MFs used, with some studies not even reporting any MF characteristics. This makes any accurate results comparison extremely difficult. In addition, the cellular models vary considerably in the studies with both cell-lines and primary cultures used to test the *in vitro* effects of MFs. Particularly relevant are the investigations performed on primary hbMSC. These multipotent cells can differentiate into osteoblasts and therefore represent a particularly suitable system for evaluating the interference of chemical and physical agents on osteogenesis [65–68].

Regarding the analysis of the effect of the MFs on the implant surface adhesion, both PEMF and SFM were effective in promoting the adhesion on Ti surfaces. Some differences emerge between the SFM and PEMF effects on the proliferation rate of exposed cells: in general, all the results from PEMF application show an increased proliferation rate compared to unexposed controls, regardless of the cell type used. Conversely, the application of an SFM determined no significant differences or even a reduction of the proliferation rate [32].

With regard to implant materials, some studies highlight the influence of the topographic and chemical properties of the implant surface on PEMF-induced cell response. In particular, nano-rough surface topographies proved to be the most effective in inducing early cell adhesion, early cell proliferation and osteogenic differentiation under PEMF stimulation [37]. Furthermore, cell viability, proliferation, and early differentiation was significantly more pronounced on osteoblasts cultured on the cpTi surface compared to TiZr discs [38].

Finally, both PEMF and SFM appear to increase the osteoblast function in terms of upregulation of genes related to osteogenic differentiation, with a concomitant deposition of mineralized ECM [34,35,37,40–42,49].

The mechanisms through which MFs stimulate osteogenesis have been the object of several studies (reviewed in Galli et al., 2019 [69] and Zhang et al., 2020 [70]). A direct effect seems to be exerted on the cell membrane, involving sensor structures (i.e., primary cilia) and ion, particularly calcium, flux. While PEMF treatment directly applies electric currents, SFMs can generate a biological-derived EMF with a cascade of intracellular signaling pathways. Activation of, among others, Ca-Calmodulin, PKA, MAPK, WnT and BMP-SMADs pathways have been reported as responsible for MF-dependent induction of osteogenesis markers, although they are extremely dependent on the physical parameters of the applied MF and on the cellular context, i.e., cell type, developmental stage and tissue environment [70]. From the analysis of the studies selected for this review, it appears that PEMF might improve bone anabolism through canonical Wnt/ $\beta$ -catenin signaling [21], while activation of BMP-SMADs signaling pathway appears to be involved in SMF-induced osteogenesis [31].

According to the pro-osteogenetic effects observed *in vitro*, animal studies evaluating the effects of SFM on osseointegration reported higher BIC values for implants receiving SFM compared to controls [44–46]. However, more precise kinetic studies should be performed in order to characterize such effects in the different phases of osteogenesis, since no univocal results about have yet been provided [47]. The majority of animal investigations that focused on PEMF showed a higher BIC in animals that received PEMF stimulation compared to the control groups [48,50,51,55] with high variability depending on factors such as the times of exposure, intensity, emitter distance, as well as the animal model employed, which makes any accurate results comparison extremely difficult.

The effects of PEMF were also investigated on implants placed in animals affected by systemic pathologies such as osteoporosis and diabetes. Uncontrolled diabetes [71] and also impairments of systemic bone metabolism may be risk factors for osseointegration and its maintenance over time [72]. Interestingly, the majority of the analysed studies [21,34,49], demonstrated that PEMF treatment is able to reverse or reduce the negative influence of such systemic pathologies on bone tissue and therefore on the osseointegration process.

Clinical studies still appear to be very limited in number and do not show univocal results.

Successful osseointegration is a prerequisite for functional dental implants and primary implant stability is a prerequisite for successful osseointegration. Primary implant stability is a mechanical phenomenon related to local bone quality and quantity, the type of implant and the placement technique used. Secondary implant stability depends on the bone formation and remodeling at the implant/tissue interface and in the surrounding bone during the osseointegration process [1].

The majority of clinical investigations regarding PEMF application showed positive effects on implant osseointegration, with an increased implant stability, a higher perimplant radiodensity and a significantly lower bone loss compared to controls [60–62]. Bud et al. [59] did not report statistically significant differences in radiodensity around implants (considered as an approximation of actual bone contact with implants) receiving PEMF stimulation or not.

Regarding SFM stimulation, the still limited available clinical studies showed a statistically significant higher stability of implants exposed to SFM compared to controls in the early phase of osseointegration (first month) [57,58], whereas no effect has been described at longer time intervals (2–3 months) [58].

The transition from primary to secondary stability is one of the crucial phase during implant osseointegration [73]. The chance to enhance and accelerate implant stability during such a delicate transition phase by means of MFs, makes the abovementioned results particularly interesting and deserving of more in-depth investigations.

Concerning the aspects of handling of possible MF devices for clinical use, it must be considered that SFM, differently from PEMF, does not depend on external electrical supplies, thereby avoiding the risk for heat or electric hazards to tissues [74]. Thus, the application of SFM to dentistry might be of benefit.

Other review articles from Qi et al. [26] and Lew et al. [17] focused on the application of magnetic fields in implant dentistry, highlighting, similar to that which emerged from the present review, some positive effects exerted by SFM and PEMF on dental implant osseointegration. Qi et al., however, dealt exclusively with PEMF stimulation. Differently from the previous reviews, the present scoping review has been conducted following the PRISMA protocol, leading us to the individuation and the inclusion of a higher number of articles with the aim of providing a wider perspective on the subject, from the preclinical evidence to the clinical one.

#### 4.1. Limitations of Available Scientific Research

The major limitations of all the available pre-clinical studies on MFs are related to their extremely high heterogeneity in terms of implant surface and composition, intensity and duration of MF stimulations, experimental conditions and cell types or animal models used, as well as of the parameters and outcomes analyzed (proliferation rate, cell adhesion, ECM deposition, ECM mineralization, cell morphology, markers of differentiation). Also, clinical studies, for whom relevance is *per se* limited by the low number of participants, and their moderate risk of bias, adopt very different and unstandardized stimulation protocols, and different experimental clinical conditions (edentulous site location, implant characteristics, follow-up, outcomes). All these aspects significantly impair a reliable inter-study comparison and analysis.

#### 4.2. Indications for Future Research

Further *in vitro* investigations are needed, aiming, in particular, to unravel the biochemical keys of MF effects on intracellular pathways, cell morphology and cytoskeleton (actin filament, vimentin intermediate filaments, and microtubules) remodelling, in order to clarify how MFs interact with bone cells.

Future preclinical studies should also aim to evaluate how MFs influence osseointegration in relation to factors such as implant surface, or bone-affecting systemic conditions.

Additional controlled clinical trials with well-defined protocols are required: such studies should adopt a standardized and more accurate control method for implant stability,

in order to better define the influence of MFs on dental implant osseointegration, in particular during the transition from primary to secondary stability, and their possible clinical applications.

All the future studies should also accurately evaluate how MF parameters such as intensity, amplitude, frequency, can variate the effects of the stimulation. Statements regarding the rationale behind the choice of stimulation parameters would represent an added value in any study. Alternatively, a comparative assessment of the stimulation amplitudes and frequencies should be pursued as a routine tool.

## 5. Conclusions

The high heterogeneity in methodological approaches and related results of in vivo and in vitro studies makes a translation to clinical settings extremely difficult. From in vitro studies, a positive effect of PEMF on bone cells proliferation emerged, and both PEMF and SFM showed a pro-osteogenic effect, also with an improved adhesion to Ti surfaces.

Also, in vivo studies showed an overall positive effect of magnetic stimulation on the osseointegration of Ti implants in terms of increased bone-to-implant contact rate.

As regards available clinical studies, the majority of them show an early increase in the levels of implant stability under MF stimulation, allowing us to speculate a positive influence of MFs on the transition from primary to secondary stability. However, more well-designed in vitro, in vivo and clinical studies performed according to the aforementioned indications for future research, are needed in order to better understand the influence of MFs on dental implant osseointegration and to evaluate their possible clinical application.

**Supplementary Materials:** The following supporting information can be downloaded at: <https://www.mdpi.com/article/10.3390/app12094496/s1>, Table S1: PRISMA ScR checklist; Table S2: Excluded studies and reasons for exclusion.

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